

VINAYAKA MISSION'S RESEARCH FOUNDATION, SALEM
B.P.Ed. DEGREE EXAMINATION – April 2019
Fourth Semester
SPORTS PSYCHOLOGY AND SOCIOLOGY

Time: Three hours

Maximum: 75 marks

PART – A (10 x 2 = 20 marks)

Answer any **TEN** questions. All questions carry equal marks.

1. What is the meaning of Sports Psychology?
2. Define the intelligent quotient.
3. Define extrinsic motivation.
4. What is personality?
5. Define stress.
6. What is competitive anxiety?
7. List the types of leadership.
8. Define socialization.
9. What is group cohesion?
10. Define group.
11. What is self-concept?
12. List any four Indian women athletes who won medals in the Olympic Games.

PART – B (5 x 5 = 25 marks)

Answer any **FIVE** questions. All questions carry equal marks.

13. Briefly explain the perceptual mechanism.
14. Briefly discuss the effects of personality on sports performance.
15. Discuss the role of competitive anxiety in sports performance.
16. Discuss the advantages of fans and spectators on sports performance.
17. Write short notes on group dynamics.
18. Discuss the current problems in sports.
19. Write short notes on national integration through sports.
20. Explain the need for sports psychology.

PART – C (3 x 10 = 30 marks)

Answer any **THREE** questions. All questions carry equal marks.

21. Define motor learning and explain the basic considerations in motor learning.
22. Explain the theories of motivation in sports.
23. Define aggression and explain the impact of aggression on sports performance.
24. What is the meaning of leadership? Explain the role of leadership in sports performance.
25. Give an account on gender inequalities in sports.
